



*Debra Gillespie*

Esoteric Hypnotist | Soul Healing | Spiritual Alchemist

## Suggestions for working with Oracle Cards

### Centre

Calm and centre yourself. Take a breath in and out releasing any tension on the outbreath. Close your eyes and connect into your highest self, spiritual helpers and guides. Trust that the insight and clarity you need will be received easily and effortlessly.

Connect in with the cards and hold the intention for your reading clearly in your mind and shuffle the cards.

### Selecting the Cards

You may wish to cut the cards or you can pull the cards from the top of the pack or anywhere from the pack. If a card falls out, I generally see that as the card 'jumping' into the position I am pulling for.

### Tune in & 'Widen your vision'

Once you have completed your layout, turn over each card and absorb the essence of that card and its relativity to its position.

It is also important to look at the spread in its entirety.

Is there a common theme, colour, feeling...?

Do certain numbers or words feature more than once?

Is there a card or cards that you feel uncomfortable about?

Is there anything that doesn't seem to fit?

Take the opportunity to note in a journal your reading, possible insights and meanings.

Debra Gillespie

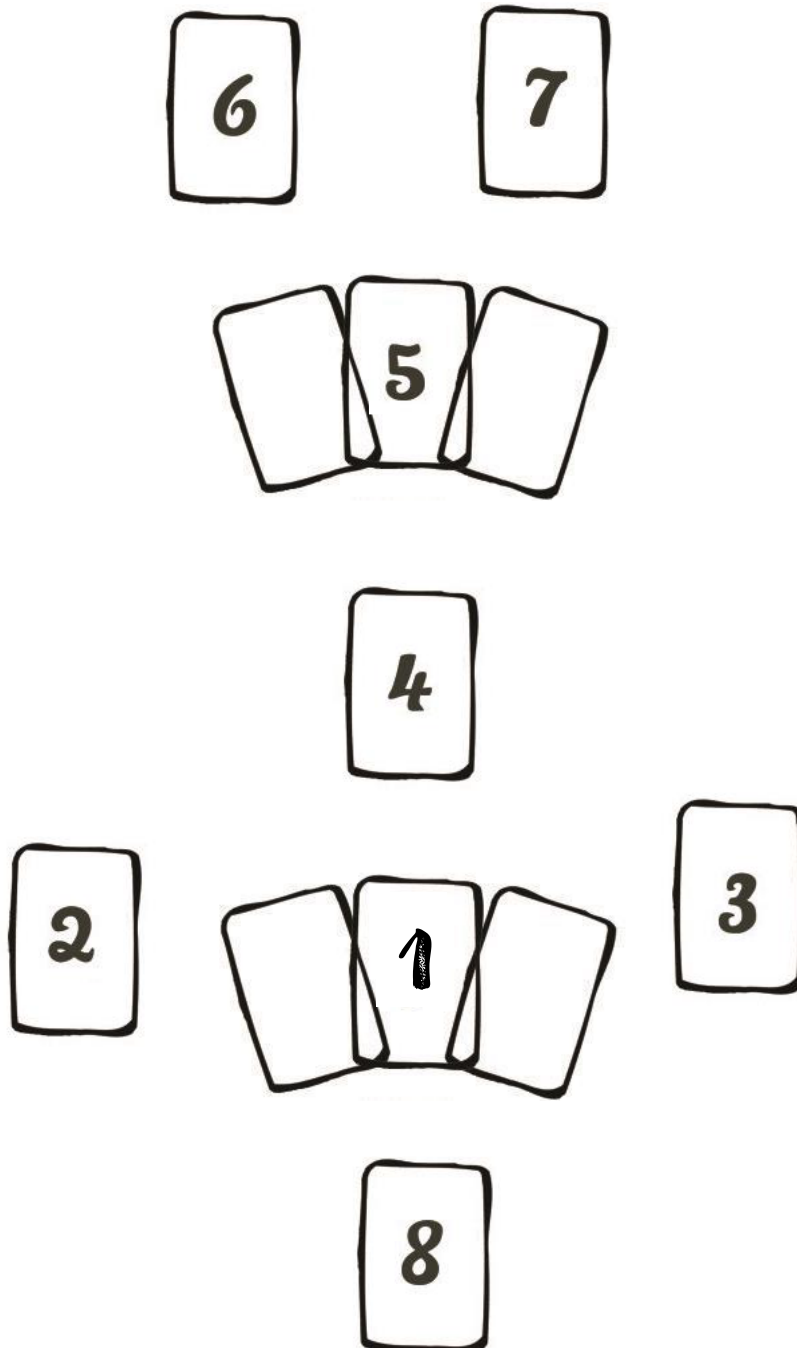
[www.debragillespie.com](http://www.debragillespie.com) E: [deb@debragillespie.com](mailto:deb@debragillespie.com) P: +64 210 607 864 Auckland NZ



*Debra Gillespie*

Esoteric Hypnotist | Soul Healing | Spiritual Alchemist

## Year Oracle Card Spread



Debra Gillespie

[www.debragillespie.com](http://www.debragillespie.com) E: [deb@debragillespie.com](mailto:deb@debragillespie.com) P: +64 210 607 864 Auckland NZ



*Debra Gillespie*

Esoteric Hypnotist | Soul Healing | Spiritual Alchemist

## Oracle Card Spread Card Placement Meanings

1. Major theme for the year ahead and what's surrounding you (up to 3 x cards)
  2. Gifts from the past, lessons or skills gained. Something leaving of needs to be let go of
  3. Something coming in. What you need to be ready for or what you need to embody or bring in
  4. Focus
    - a. What you might be called to do
    - b. What needs to be a priority overall
    - c. What is needed for the next step
  5. Resources you can all upon (up to 3 cards)
  6. Advice
  7. Purpose or direction in which to head
- 6 & 7 pull everything together and provide a course of action which can also be linked directly to the resources of 5's three cards*
8. Wild Card. A little extra insight or support, or something to be aware of

Debra Gillespie

[www.debragillespie.com](http://www.debragillespie.com) E: [deb@debragillespie.com](mailto:deb@debragillespie.com) P: +64 210 607 864 Auckland NZ





*Debra Gillespie*

Esoteric Hypnotist | Soul Healing | Spiritual Alchemist

4. Focus

5. Resources

6. Advice

Debra Gillespie

[www.debragillespie.com](http://www.debragillespie.com) E: [deb@debragillespie.com](mailto:deb@debragillespie.com) P: +64 210 607 864 Auckland NZ



*Debra Gillespie*

Esoteric Hypnotist | Soul Healing | Spiritual Alchemist

7. Direction

8. Wild Card

Debra Gillespie

[www.debragillespie.com](http://www.debragillespie.com) E: [deb@debragillespie.com](mailto:deb@debragillespie.com) P: +64 210 607 864 Auckland NZ



*Debra Gillespie*

Esoteric Hypnotist | Soul Healing | Spiritual Alchemist

Extra notes

Debra Gillespie

[www.debragillespie.com](http://www.debragillespie.com) E: [deb@debragillespie.com](mailto:deb@debragillespie.com) P: +64 210 607 864 Auckland NZ